

# Flexible trial design in practice – dropping and adding arms in STAMPEDE: a multi-arm multi-stage randomised controlled trial (MRC PR08, CRUK/06/019)

**Matthew Sydes**

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ND James, MD Mason, NW Clarke, C Amos, J Anderson,  
J de Bono, DP Dearnaley, J Dwyer, G Jovic, ASW Ritchie,  
JM Russell, K Sanders, G Thalmann, MKB Parmar  
*on behalf of the STAMPEDE investigators*

# STRUCTURE

1. Rationale for multi-arm, multi-stage (MAMS) RCTs
2. Overview of STAMPEDE
3. Stopping recruitment early to some trial arms
  - Methodological and practical issues
  - Following an intermediate analysis
4. Addition of new research arms during the trial
  - Methodological and practical issues

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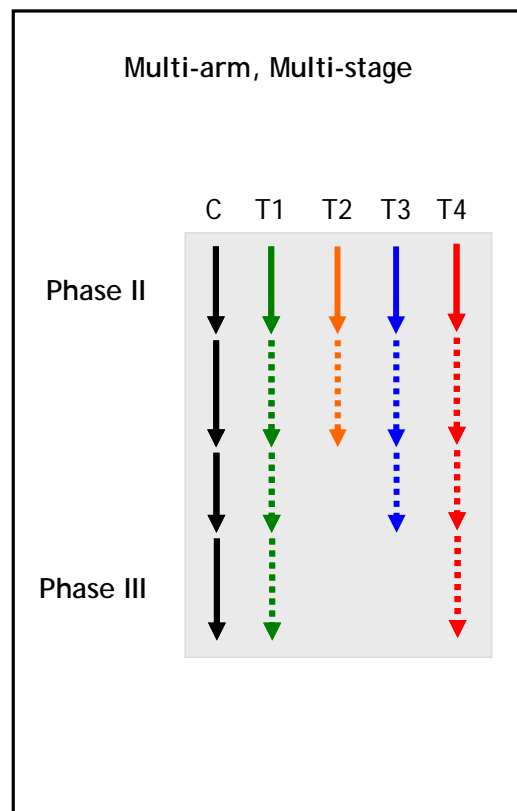
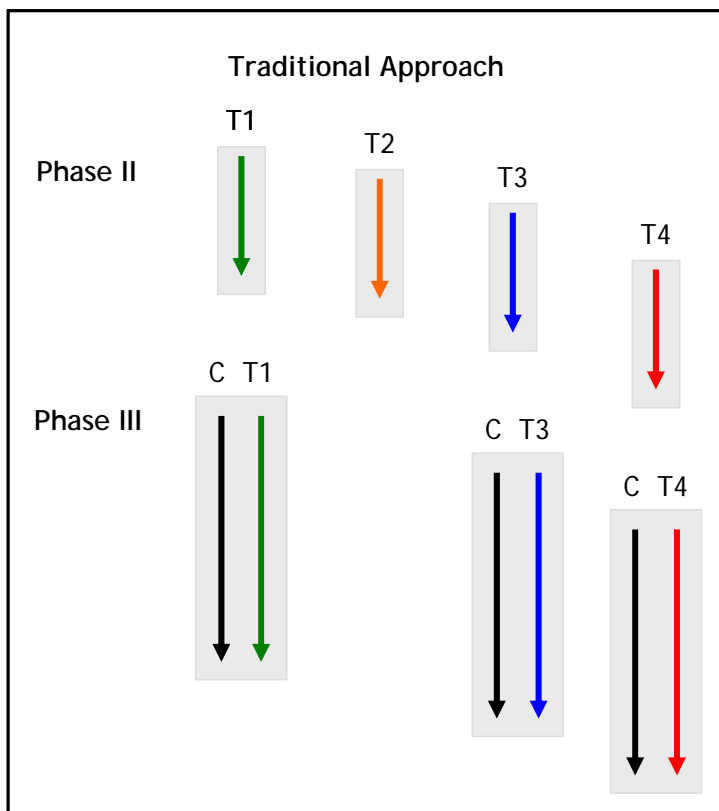
- New treatments usually not better than current
  - About 30 to 40% are positive
  - Both academia and industry
- Phase III trials require huge time, effort and cost
  - High chance new treatment not superior in given trial
- Must be a better way to select treatments for efficacy assessments

# Advantages of MAMS trials

1. Fewer patients

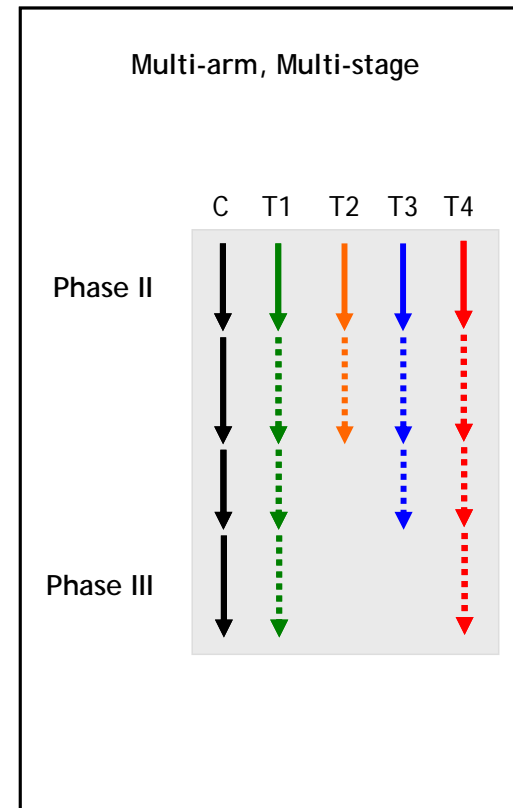
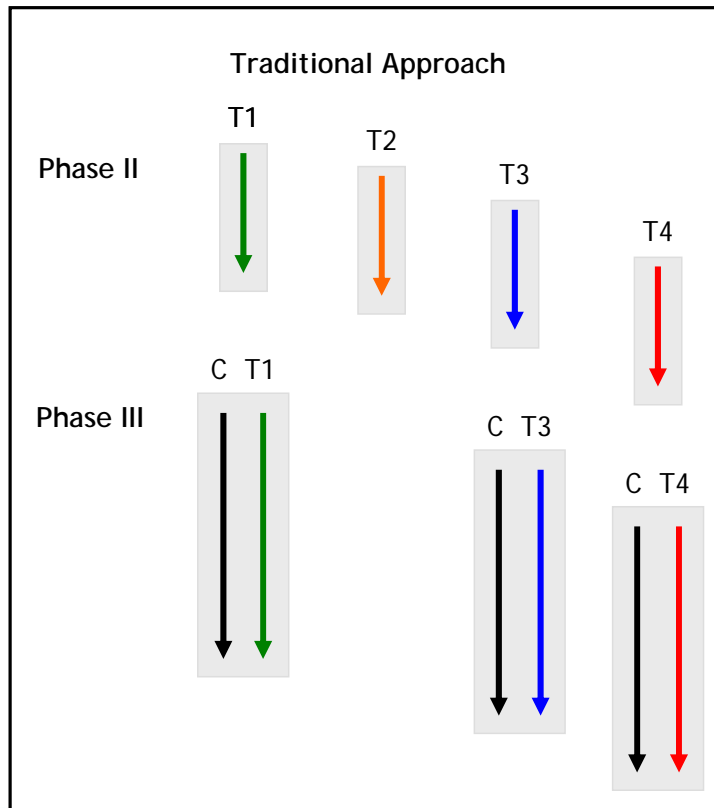
2. Less overall time

- Concurrent assessment of agents
- Start randomising from the start
- One seamless trial
- Fewer applic<sup>n</sup>s: finance, approvals



# Advantages of MAMS trials

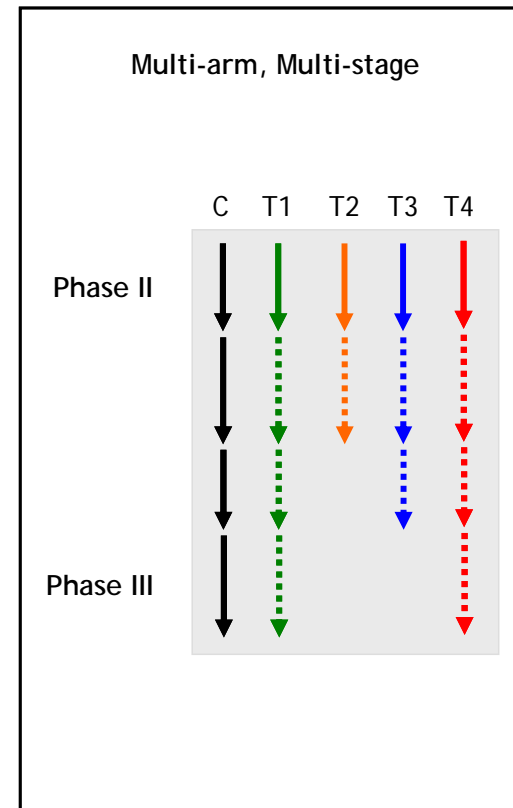
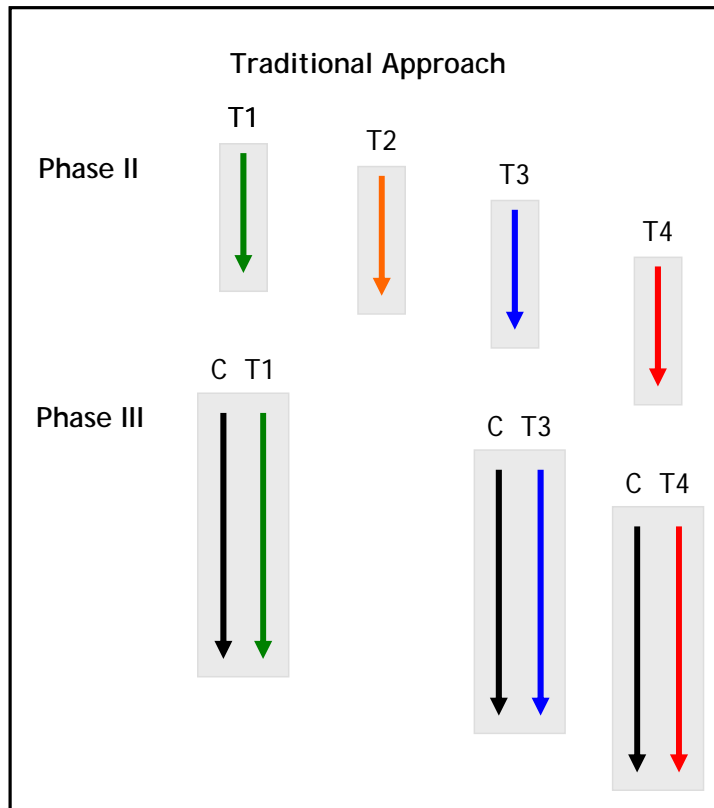
- 3. Increased flexibility
  - Adapts to intermediate results
  - Focus on more promising arms



# Advantages of MAMS trials

## 4. Reduced costs

- Limited resources for trials
- Must use fairly and efficiently
- Provide value



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# Need in prostate cancer

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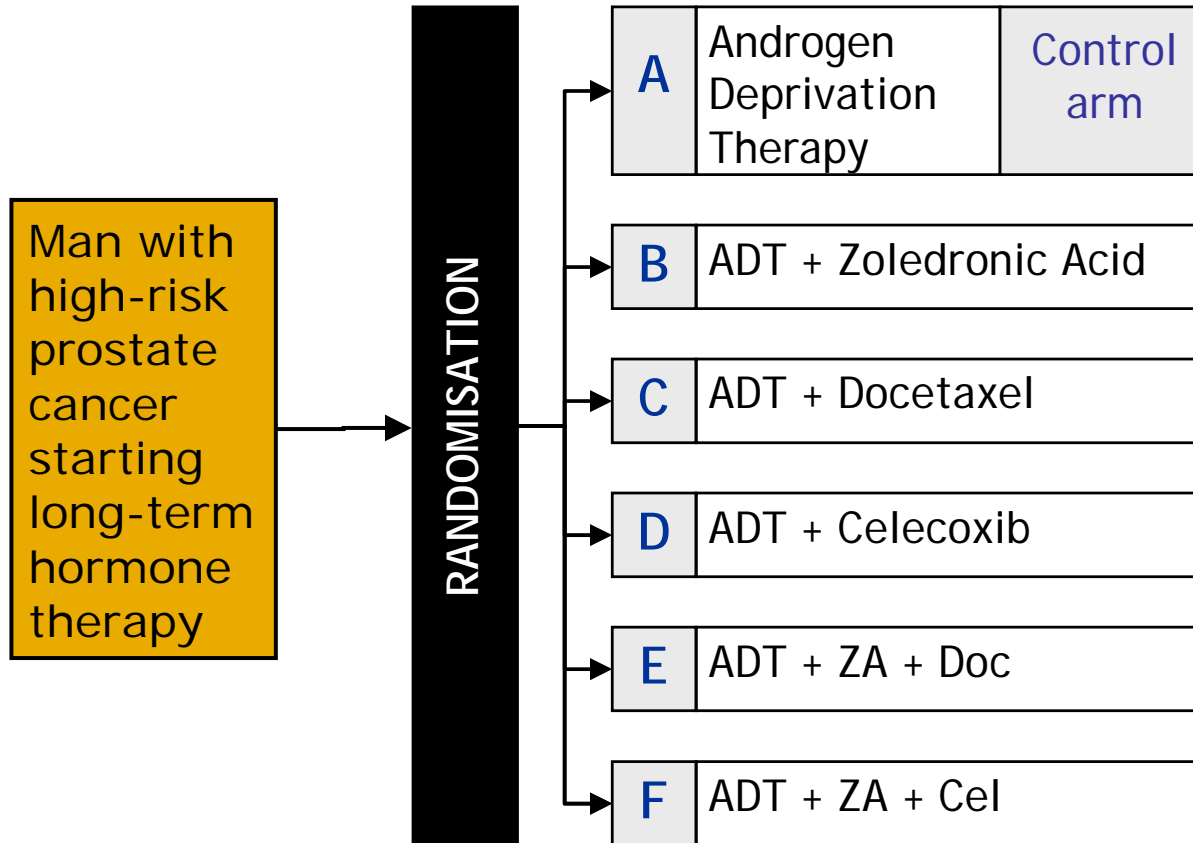
- 900,000 new prostate cancers in 2008
- Large proportion locally advanced or metastatic
  - Median survival: ~5 years
  - Median failure-free survival: ~2 years
- Standard treatment = hormone therapy (HT or ADT)
- No new therapies demonstrating improved survival for this whole group of men for many years

# Design rationale

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- Many interesting agents to assess
  - Different classes, different modes of action
- No clear reason to choose a particular one to study
- Quicker and efficient to use MAMS design
  - Start to test many agents
  - Focus towards more active agents using LOB analyses

# STAMPEDE original design



MRC PR08 – CRUK/06/019 ISRCTN78818544 -- NCT00268476

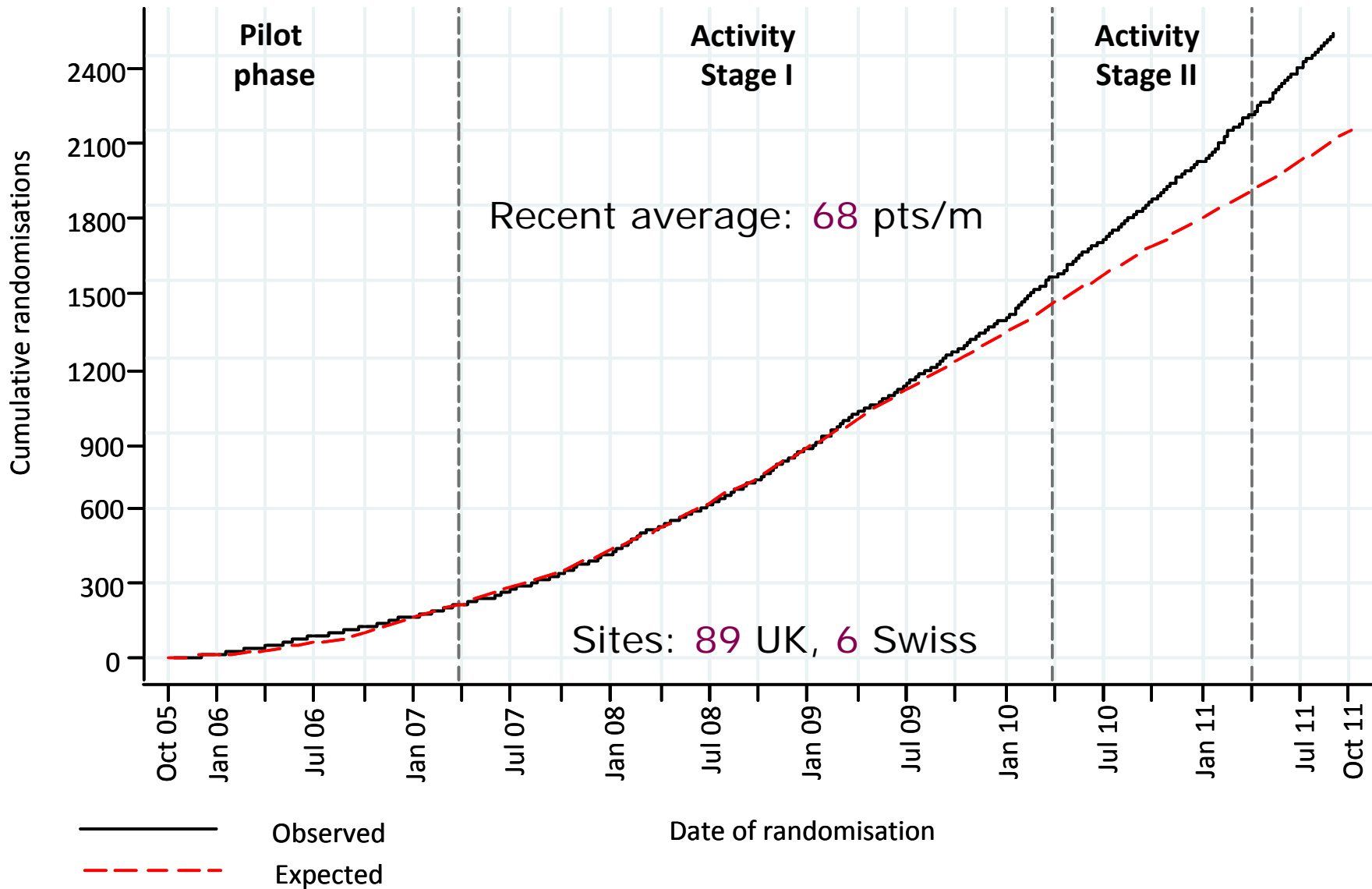
# Trial plans

Stage	Type	1 <sup>o</sup> OM	HR <sub>A</sub>	Power	1s sig	Critical HR	Control Events
1	Activity	FFS	0.75	95%	0.500	1.00	114
2	Activity	FFS	0.75	95%	0.250	0.92	215
3	Activity	FFS	0.75	95%	0.100	0.89	334
4	Efficacy	OS	0.75	90%	0.025	-	400

OM=outcome measure, FFS=failure-free survival, OS=overall survival

- Sample size depends on:
  - Traditional factors eg recruitment and event rates
  - MAMS factors eg power, alpha, arms at *each* stage

# STAMPEDE accrual

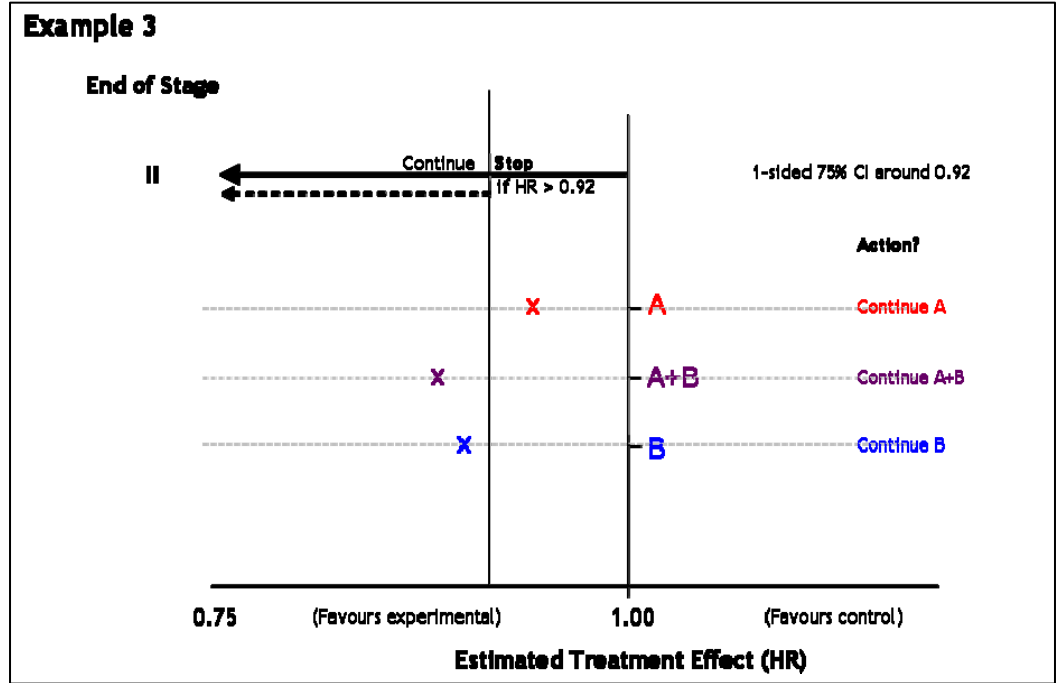


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# Preparations: training IDMC, TSC

- Joint meeting of IDMC and TSC
- Reinforce trial design
- Discuss hypothetical data
- Consider possible recommendations from IDMC
- Totality of evidence
- Treat data from other comparisons as if from another trial



# Preparations: internal planning

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- Many discussions re actions and communications
  - Start some months before IDMC meeting
- What if ...
  - Arm(s) stopped for safety?
  - Arm(s) stopped for lack-of-benefit?
  - Both
  - Neither



# Prep: what if stop for safety?

Time	Action
Day -28	Notify sites in writing of IDMC meeting date to pre-warn
Day -28	Circulate prior MHRA letter confirming that stopping early for LOB is <b>not</b> a substantial amendment, but part of trial design
Day -7	IDMC meeting
(<1 wk)	IDMC notes and recommendations finalised
Day 0	TSC meeting: stop / continue decision for each research arm
< 24 h	Turn off randomisation to arms stopping early for safety
< 24 h	Notify centres by email; pts to ignore irrelevant parts of PIS
< 24 h	Notify relevant industry partners
< 24 h	Notify TMG members
< 24 h	Alert CTU staff to potential queries

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# Prep: what if stop for safety?

Time	Action
< 1 wk	Phone all site PIs. Instructed to hand-amend PIS and CF. Updated documentation to follow
< 1 wk	Protocol and docs updated and agreed by TMG
< 2 wk	Summary information for patients
< 2 wk	Notify REC and MHRA (for information only)
< 1 m	Detailed discussions with industry partners
< 1 m	TMG review of processes

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# Prep: what if stop for LOB?

- LOB timelines same as for safety, except:

Time	Action
< 48 h	Alert CTU staff to potential queries
< 1 wk	Turn off randomisation to arms stopping early for LOB

- Safety and efficacy issues?
  - Act as if safety issues
- All arms continue
  - No changes required
  - Notify centres more leisurely

# Activity Stage 1 analysis

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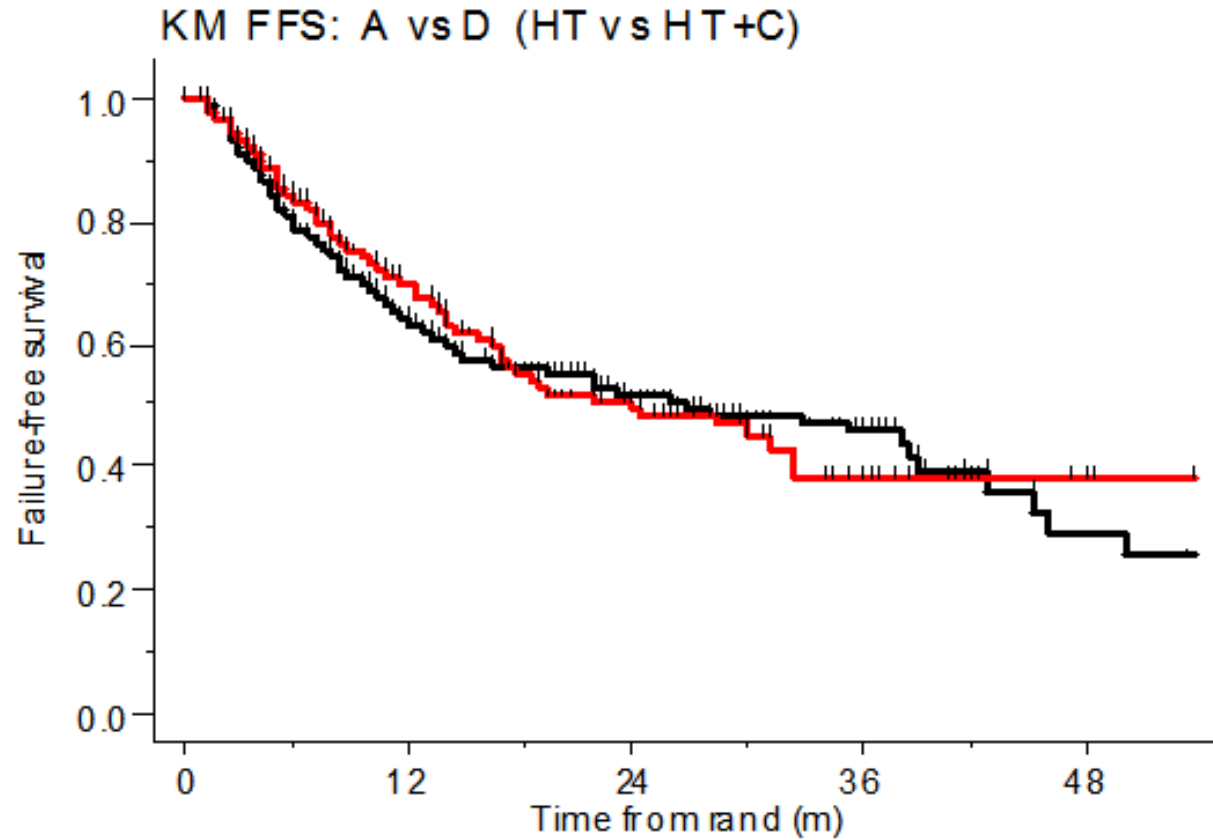
- IDMC meeting: 30-Mar-2010
- Data frozen: 09-Feb-2010
- Accrual: **1469** patients total
- FFS events: **129** on control arm
  
- IDMC recommended **all** arms continue accrual

# Activity Stage 2 analysis

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- IDMC meeting: 31-Mar-2011
- Data frozen: 01-Feb-2011
- Accrual: **2043** patients total
- FFS events: **209** on control arm
  
- IDMC recommended **changes**:
  - Stop recruitment to **2** research arms due to lack-of-benefit
  - Both celecoxib-containing arms (D and F) stop accrual
  - Accrual to continue to control + other **3** research arms

# AS 2: ADT vs ADT + celecoxib

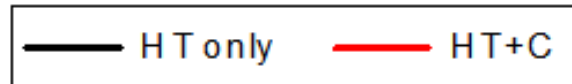


Target HR: 0.924

Adjusted HR: 0.98  
(95%CI 0.90-1.06)

(1-sided upper 75%  
upper CI 1.01)

Group	At risk (ev)	0	12	24	36	48			
HT only	582	(215)	219	(46)	96	(7)	35	(7)	8
HT+C	291	(81)	109	(31)	50	(8)	16	(0)	4



Data from all other arms remains blinded, including Arm F

# AS 2: Decisions

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- TSC agreed with IDMC recommendations
  1. Stop accrual to arms D and F
  2. Encourage stopping treatment with celecoxib
    - Given risk:benefit profile
- Therefore, followed more accelerated timelines

# AS 2: What did we do?

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## Day 0

- TSC meeting 06-Apr-2011
- Trial suspended for 6 hours until after TSC meeting
- Randomisation to D and F turned off
- Sites notified by email
  - Re-advise patients consented but not yet randomised
  - Mention stopping treatment at next visit (non-urgent)
- Temporary revised PIS agreed and sent to sites
  - Sites could print and use or just cross out manually

# AS 2: What did we do?

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## Day 1

- Phone calls to all site PIs for info
- Summary for patients developed
  - For **all** patients, not just arms D and F
- Phone calls to all industry partners

## Day 7

- REC notified with formally updated PIS
- MHRA notified

## Week 8

- Protocol amendment formalised
  - Submitted as non-substantial amendment

# When arms continue...

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- Some implicit information about arms that continue
- Community not be taken out of equipoise
- Reinforces need to continue randomisation to gain stronger evidence!



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# Flexibility and extension

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- Design adapts to include further agents
  - Can add new research arms during trial
- Can be thought of as a new trial within STAMPEDE protocol
- Must be scientifically compelling case for inclusion

- First priority is to ongoing research arms
  - Must not hamper accrual so must **either**:
    1. Recruit better than predicted overall
    2. Wait for arms to stop
- Accept new arm will mature later than original research arms
- Only compare patients on new arms to patients recruited contemporaneously to control arm

# Advantages?

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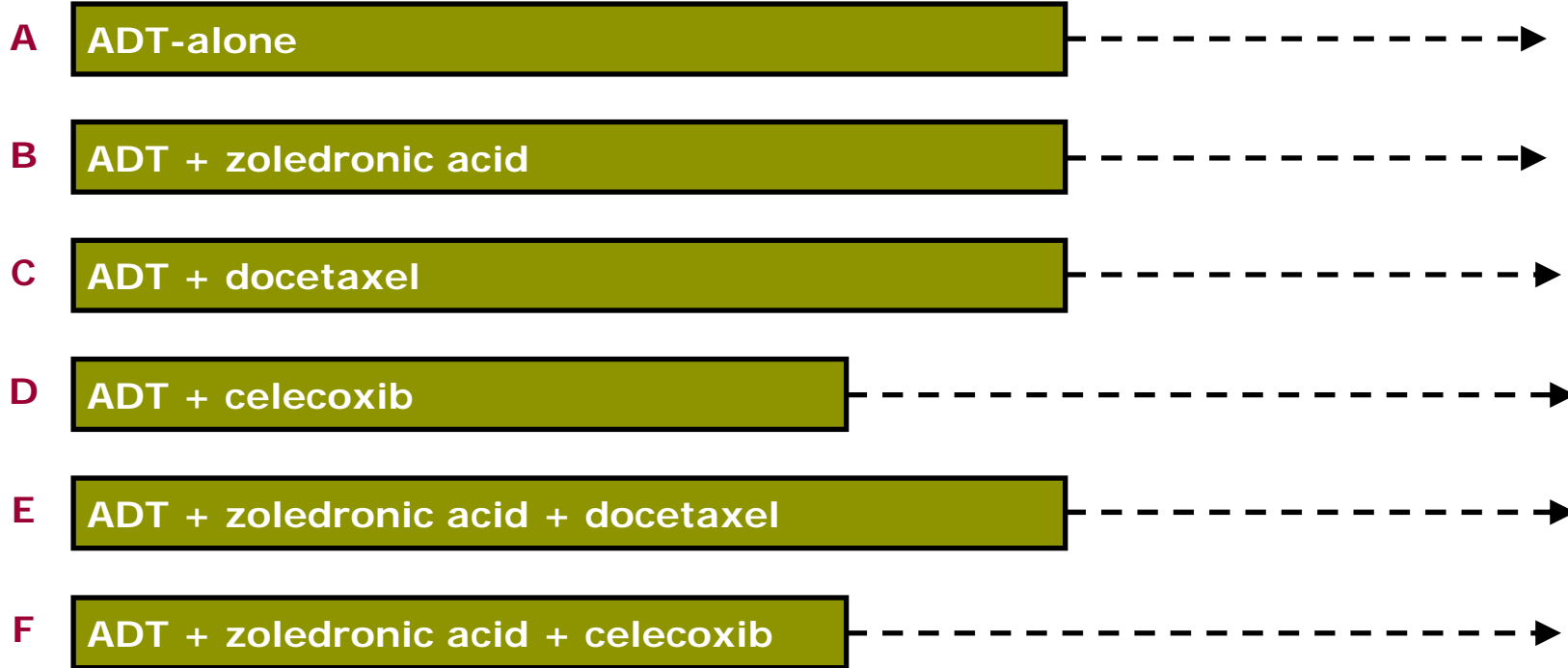
1. Can start recruiting quicker than a new trial
  - Updated protocol = simple, substantial amendment
  - Scientific review = amendment
  - Funding review = as required
2. Efficient use of volunteers
  - Patients contribute to more than one comparison
  - Reduce competing trials
  - Seamless accrual: no gaps between “trials”
  - Ongoing access to trial for patients
3. Efficient use of resources
  - Start at “full speed”
  - Cheaper than separate trial
  - Get answers more quickly

# Disadvantages?

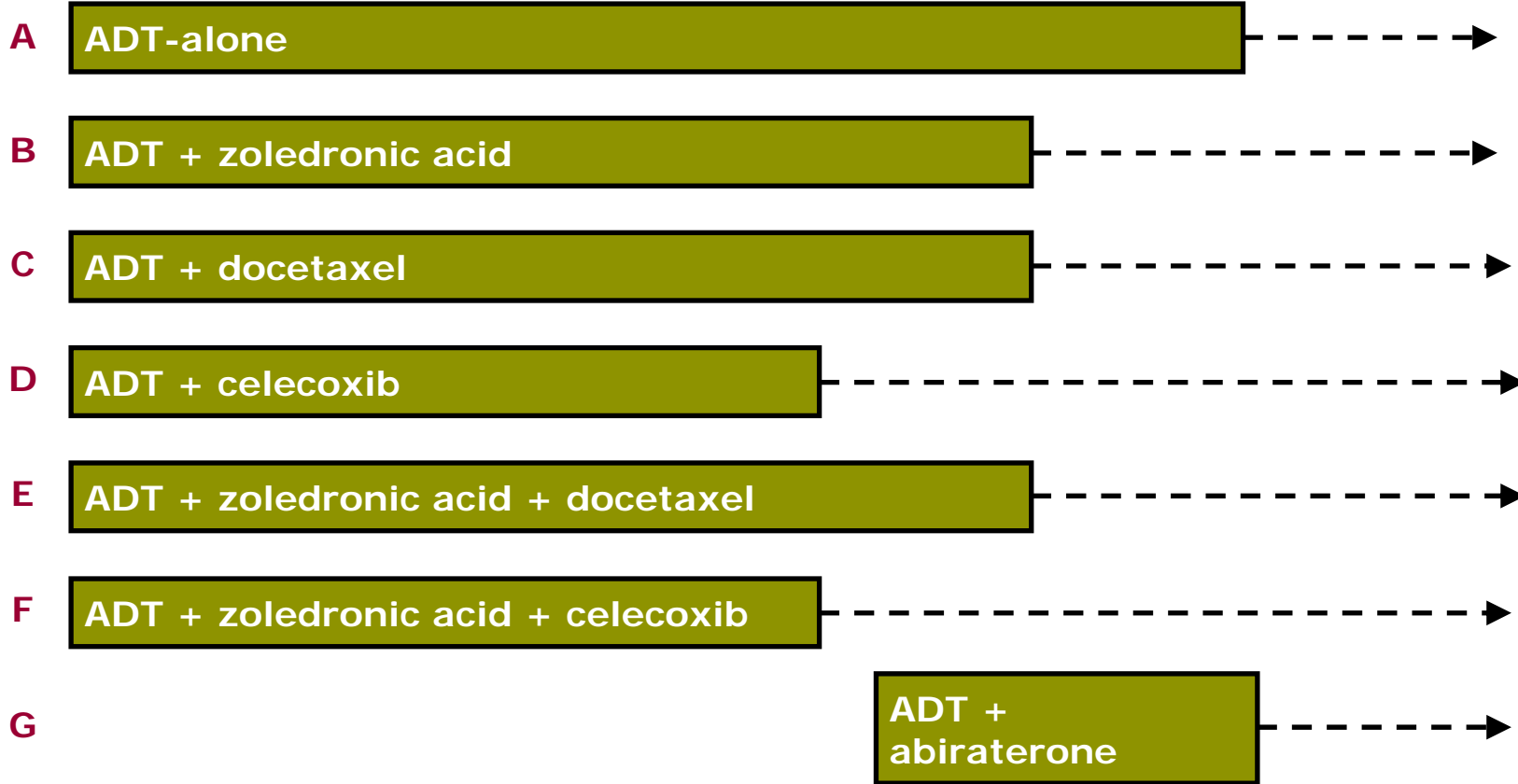
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1. Original research arms could mature whilst new assessment ongoing
  - Consider as if data emerging from an external trial
  - Same as for other trials: trial team reacts if needed
2. Need to ensure enthusiastic researchers
  - Discuss with researchers from the outset
  - Run “hearts and minds” campaign
  - Encourage researchers to bring forward other ideas

# STAMPEDE activity

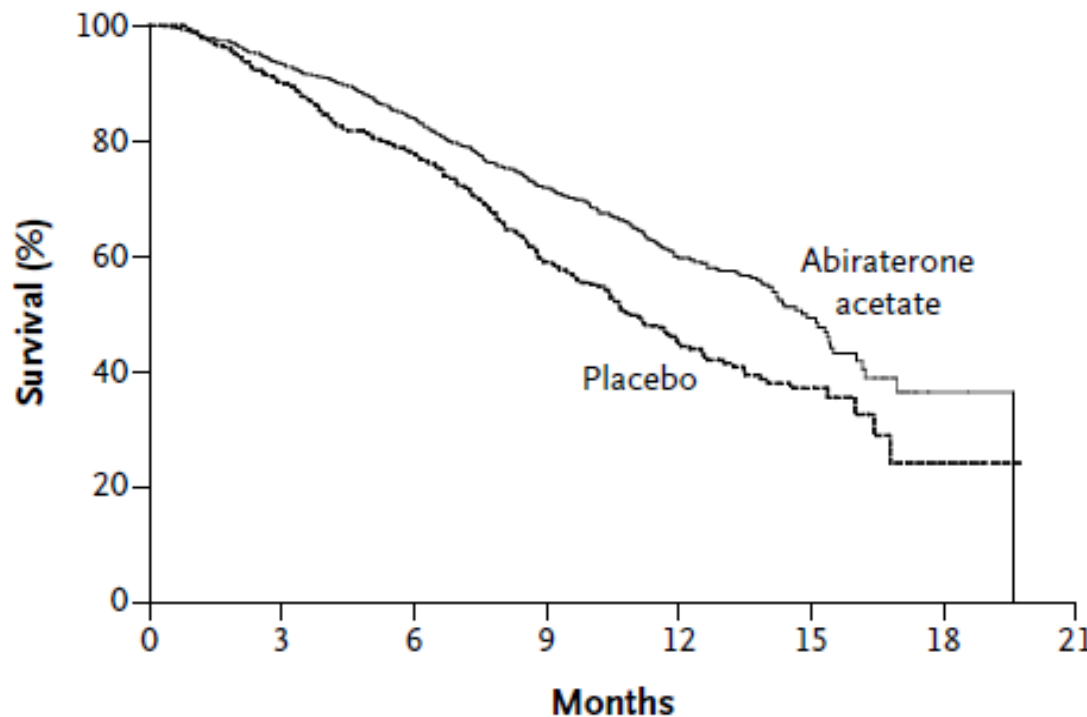


# STAMPEDE activity



# Adding abiraterone - rationale

- Discussions start when encouraging data in mCRPC
  - But is it better to give it sooner in the disease? STAMPEDE



## Survival

HR: **0.66**  
(95%CI 0.55-0.78)

*De Bono et al  
NEJM 2011 (364) p1995*

### No. at Risk

Abiraterone acetate	797	736	657	520	282	68	2	0
Placebo	398	355	306	210	105	30	3	0



# Adding abiraterone - design

- Chose to use the same design parameters as the original research arms
- Consider impact of:
  - Speeding or slowing accrual
  - Duration of co-accrual to original research arms
  - Allocation ratio for abiraterone
    - 2:1 like other arms?
    - 2:2 to maintain proportion on research treatments?
  - Addition of more research arms

## If allocation ratio impacts on accrual rate...

Ref#	Accrual rate	Alloc'n Ratio	Initial Overlap	Extra Arms	Accrual Duration	N pts alloc abl	Maturity
404	30	2:1	1 year	No	3 years	300	3.23 years
220	60	2:2	1 year	No	2.5 years	746	4.5 years
441	70	2:1	1 year	No	2.25 years	765	4.25 years

- If accrual slower because of lower allocation ratio
  - Accrual delay by around 1 year

## If accrual is faster...

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220	60	2:2	1 year	No	2.5 years	746	4.5 years
802	70	2:2	1 year	No	2.5 years	870	4 years
891	70	2:2	1 year	No	2 years	660	4.75 years

## If original research arms continue longer or shorter...

Ref#	Accrual rate	Alloc'n Ratio	Initial Overlap	Extra Arms	Accrual Duration	N pts alloc abl	Maturity
220	60	2:2	0.5 year	No	2.0 years	643	4.73 years
899	60	2:2	0.5 year	No	2.5 years	823	4.0 years
858	60	2:2	1 year	No	2.5 years	746	4.5 years
847	60	2:2	1.5 year	No	2.5 years	689	5.0 years
240	60	2:2	1.5 year	No	3.0 years	847	4.23 years

- Overlap with original research arms beyond control
  - Minimal impact, easily offset by amending accrual duration

# Adding abiraterone - design

- 2:2 allocation ratio
  - Good for accrual
- Cap accrual at 3yr or 1500pts
  - Original research comparisons will have around 1500pts
- Gives maturity in around 5 yr
  - Depends on mix of M0 and M1 pts
- Complete accrual before original arms mature

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# Adding abiraterone - timelines

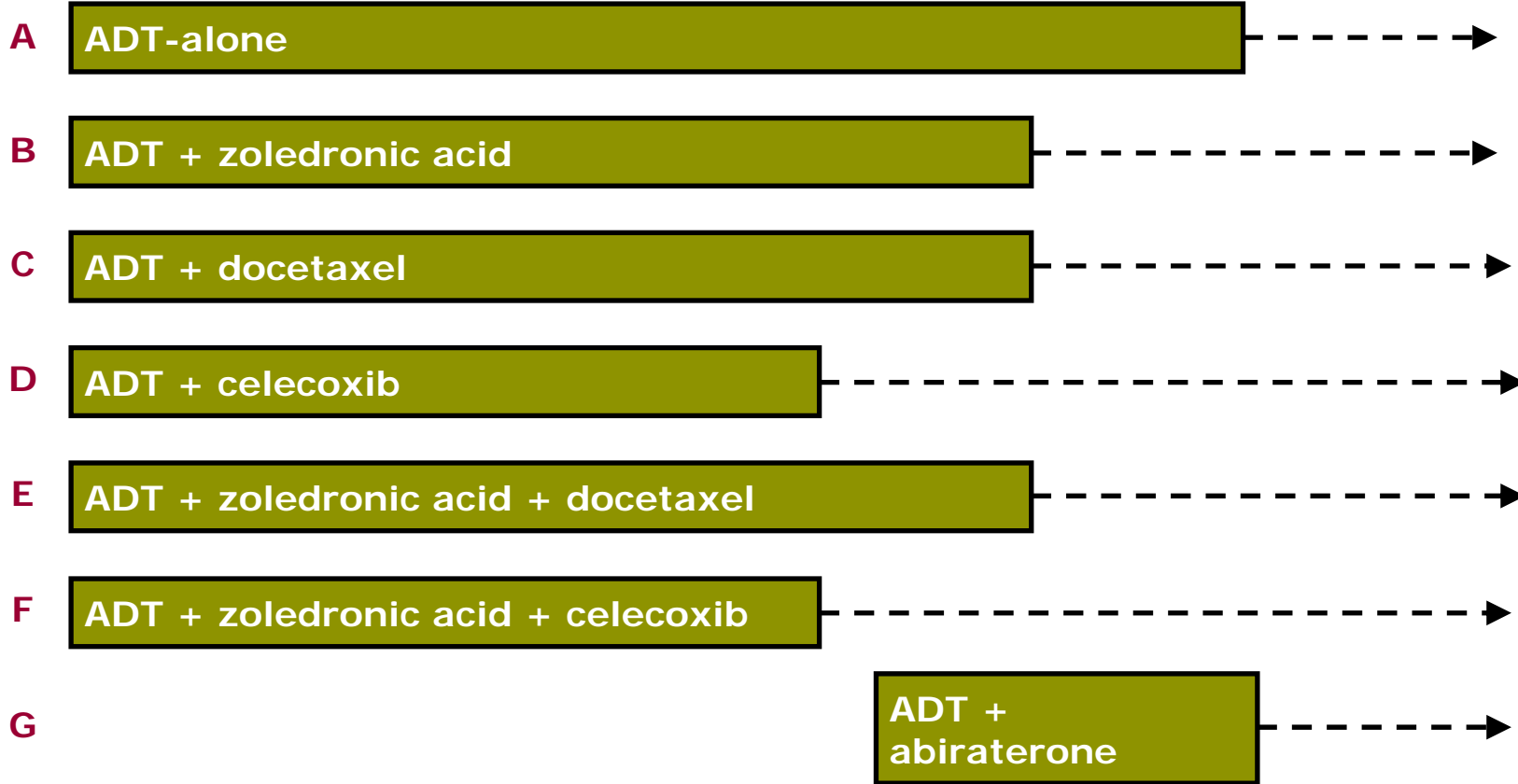
- Formal discussions start: Mar-2010
- CTAAC approval for science: Jul-2010
- Abiraterone licensed: Sep-2011
- Contract with Janssen: Sep-2011
- Protocol v8 submitted: Aug-2011
  - REC approval: Sep-2011
  - MHRA response: expected by 10-Oct-2011
- Launch meetings: Sep/Oct-2011
- Switch-over date set: TBA (after MHRA approval)
- "First" patient in: ~Nov-2011

# Adding abiraterone - next steps

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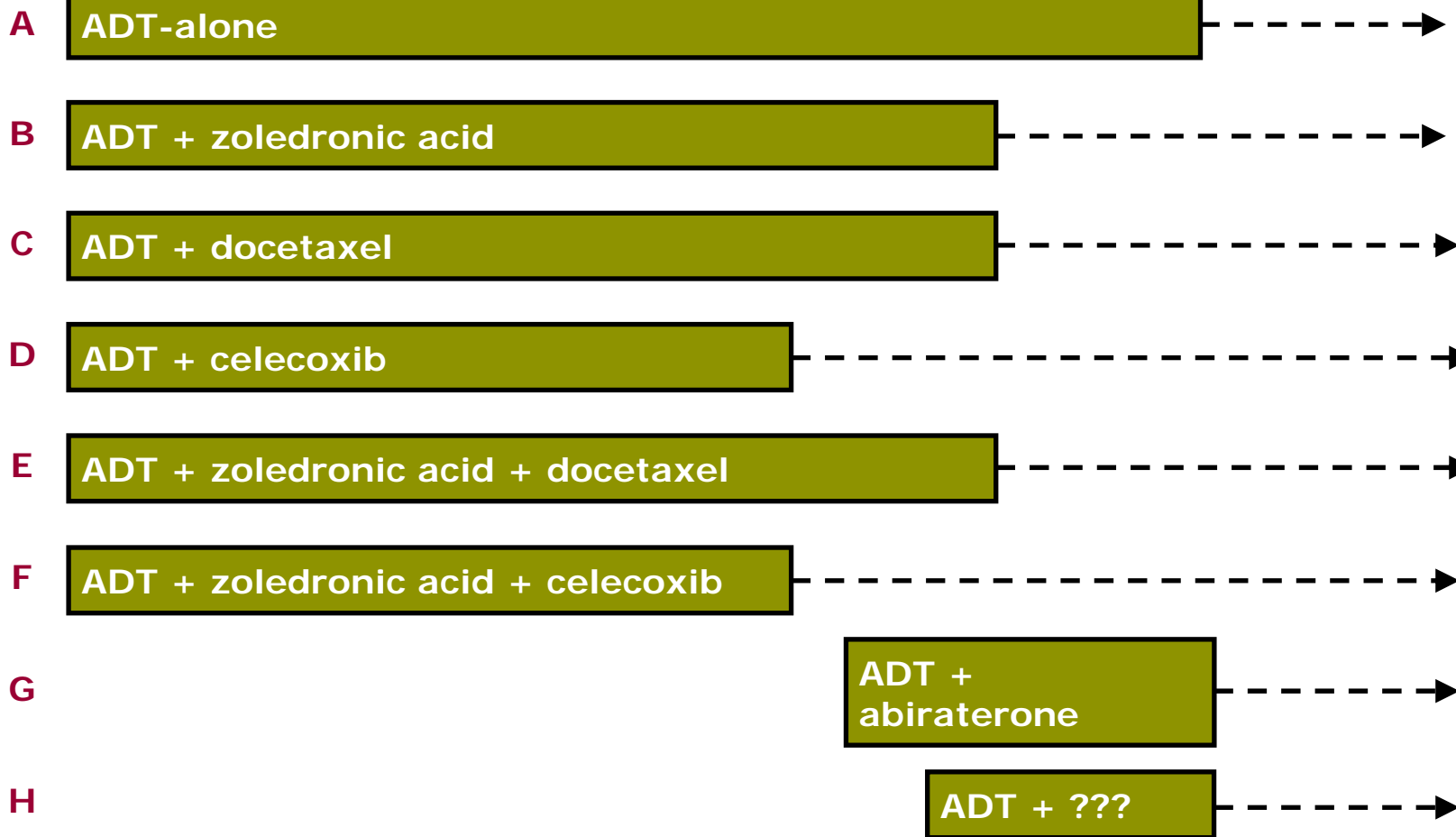
- New arm “switched on” for whole trial on set date
- Sites will be given 4 weeks notice of switch-over
  - Starting from MHRA approval
- Sites must gain R&D approval for new version during this window
- Accrual will be seamless
  - In nearly all sites

# STAMPEDE activity



# STAMPEDE activity

2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017



# STAMPEDE activity

2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017

A ADT-alone

- TMG has initiated plans for arm H
  - And I, J, K...
- Achievable providing that accrual rates are maintained and appropriate questions are chosen

G

ADT +  
abiraterone

H

ADT + ???

# Conclusions

- MAMS trials speed evaluation of new treatments by:
  1. Testing many treatments simultaneously
  2. Using LOB analyses to focus research efforts
- Insufficiently active arms can successfully be stopped seamlessly in a MAMS trial
- Adding new research arms to an ongoing trial is achievable and desirable
- Fun and exciting design



## Refs: MAMS trials

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- Royston P, Parmar MKB, Qian W  
Novel Designs for Multi-Arm Clinical Trials with Survival Outcomes, with an Application in Ovarian Cancer. *Statistic Med* 2003; 22: 2239–2256
- Barthel FMS, Royston P, Parmar MKB  
A menu-driven facility for sample size calculation in multi-arm, multi-stage randomised controlled trials with a survival-time outcome. *The Stata Journal* 2009; 9 (4): 505-523
- Parmar MKB, Barthel F, Sydes MR *et al*  
Speeding up the Evaluation of New Agents in Cancer. *J Natl Cancer Inst* 2008; 100 (17):1204-1214

# Refs: STAMPEDE methods

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- Sydes MR, MKB Parmar, ND James *et al*  
Issues in applying multi-arm multi-stage (MAMS) methodology to a clinical trial in prostate cancer: the MRC STAMPEDE trial.  
*Trials* 2009; 10 (39)

# Refs: STAMPEDE clinical data

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- James ND, Sydes MR, Clarke NW *et al*  
STAMPEDE: Systemic Therapy for Advancing or Metastatic Prostate Cancer -- A Multi-Arm Multi-Stage Randomised Controlled Trial. *Clin Oncol* 2008; 20 (8):577-581
- James ND, Sydes MR, Clarke NW *et al*  
Systemic therapy for advancing or metastatic prostate cancer (STAMPEDE): a multi-arm, multistage randomized controlled trial. *BJU Int* 2009; 103 (4):464-469
- James ND, Sydes MR, Mason MD *et al*  
Celecoxib plus hormone therapy vs hormone therapy alone for hormone-sensitive prostate cancer: first results from STAMPEDE (MRC PR08) a randomised controlled trial *EJC* 2011 (ECCO conference abstracts); LBA#21

- Free software available
  - `nstage` to design and plan MAMS trials
  - Available from MRC CTU
  - Implemented in Stata
  - Combined with `artpep` for increased flexibility
- MRC CTU staff happy to discuss proposals

# Acknowledgements

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- Funding:
  - Cancer Research UK (CRUK/016/09)
  - Novartis
  - Sanofi-Aventis
  - Pfizer
  - MRC
- All clinicians and hospital staff who have supported and continue to support the trial
- All patients who joined the trial and their families

# Contact

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