

# PRACTICAL ISSUES OF IMPLEMENTING A MULTI-ARM MULTI-STAGE TRIAL: NEGOTIATIONS, APPROVALS, INTERACTIONS WITH COMMITTEES AND OPINIONS OF PATIENTS

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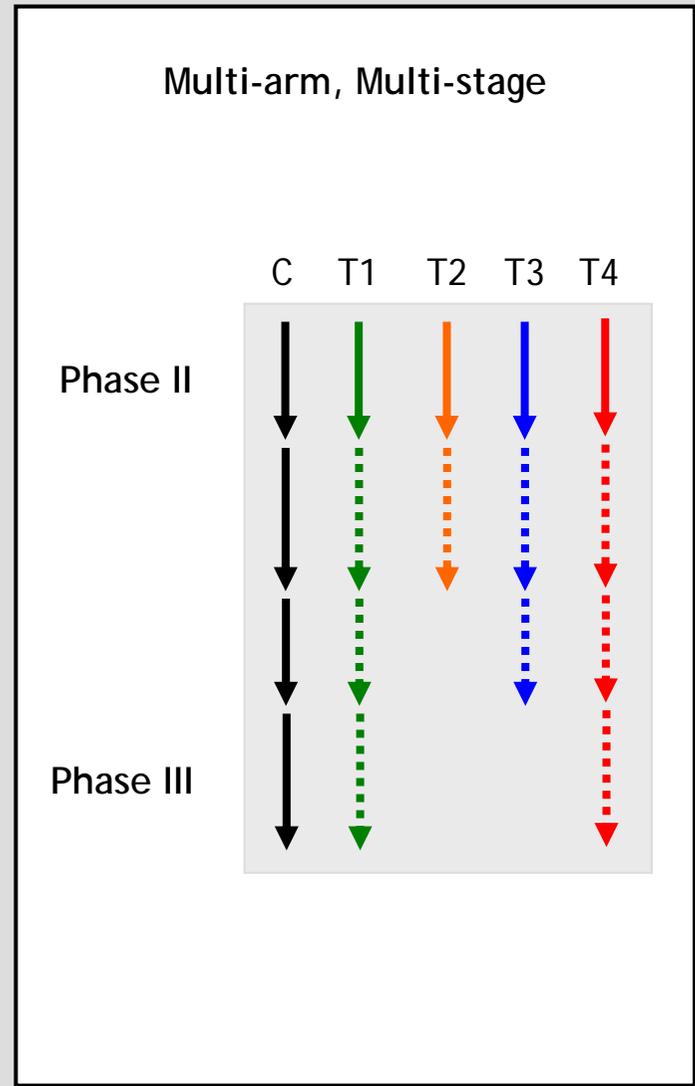
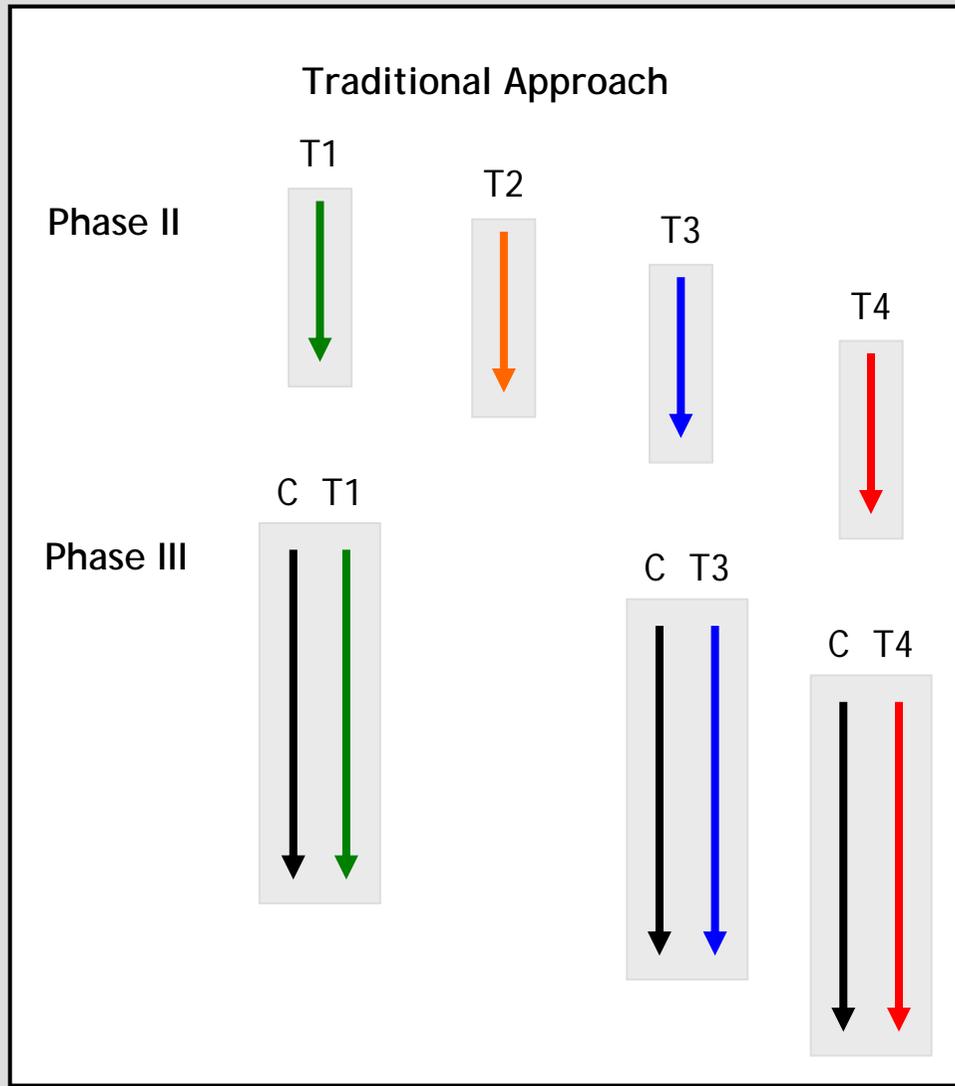
# 1. MAMS trials

1. MAMS trials
2. Application in trial design and conduct
3. Issues in analysis
4. Conclusions

# Multi-Arm Multi-Stage trials

- New is not better than current
- Phase III trials require huge time and effort
  - High chance new treatment not superior (60-70%)
- Need better mechanism to select treatments for phase III trials
- Start by testing many promising treatments
- Start to randomise as quickly as possible
- Potential to discontinue unpromising arms
  - Use intermediate outcome measures
  - Lack-of-benefit testing on intermediate OM

# MAMS vs traditional



# Advantages of MAMS trials

1. Fewer patients

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2. Less overall time

Randomised from the start

Concurrent assessment of agents  
(not sequential assessment )

No delay between phase II and III

Fewer applic<sup>n</sup>s: finance, approvals

3. Increased flexibility

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Adapts to intermediate results

Focus on more promising arms

4. Reduced costs

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Limited resources for trials

Must use fairly and efficiently

Provide value

Statistical issues not considered here

(Time-to-event workshop on 14-Feb, London)

## 2. Issues in trial design and conduct

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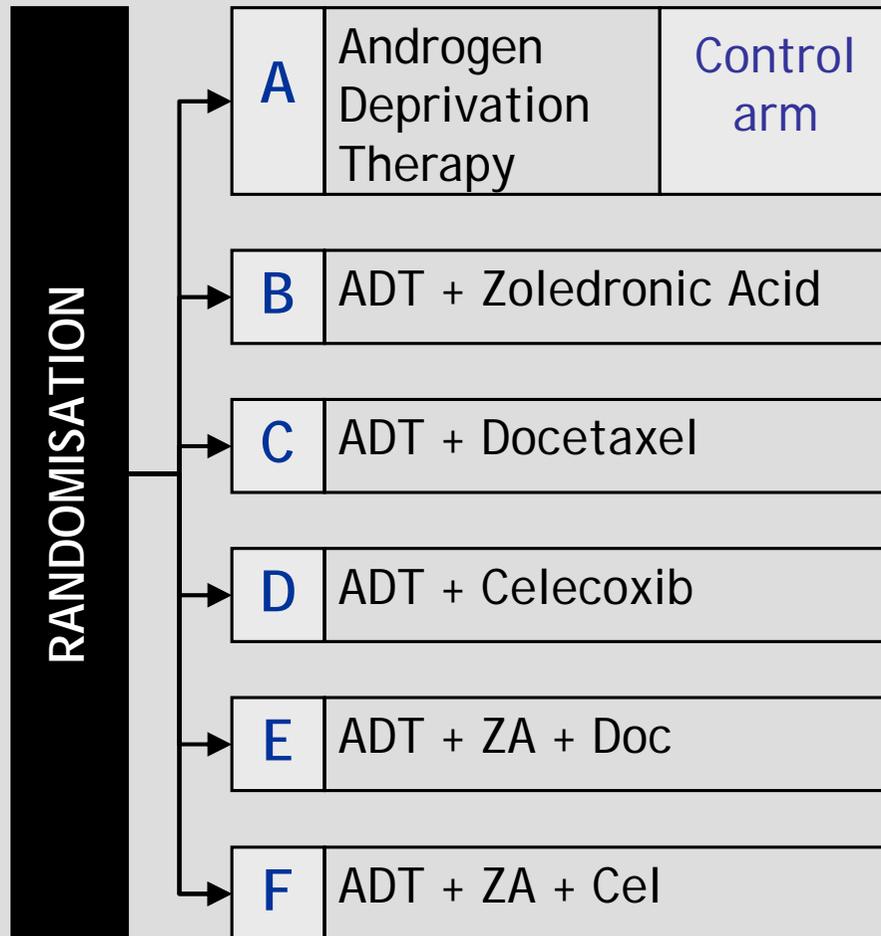
# Need in prostate cancer

- 900,000 new prostate cancer in 2008
- Many high risk
  - Standard treatment = hormone therapy
  - Median survival: ~ 4 to 5 years
  - Median failure-free survival: ~2 years
- No new therapies improving survival for this group of men for many years
  - Urgent need to improve outcomes for these men

# Design rationale

- Many interesting agents
  - Different classes and modes of action
  - Many used in later stages of disease
  - Others new
- No clear reason to choose a particular one
  - Many choices
  - Don't want to choose arbitrarily
  - Want to assess all interesting agents
- Quicker and efficient to use MAMS design
  - Test many

# STAMPEDE trial design



**Treatment detail**

Androgen Deprivation Therapy  
:: Standard hormones  
:: Given for >3 year

Zoledronic Acid  
:: 3<sup>rd</sup> generation bisphosphonate  
:: IV for 2 years every 3 to 4 weeks

Docetaxel  
:: Taxane chemotherapy  
:: IV for 6 cycles over 18 weeks

Celecoxib  
:: Cox-2 inhibitor  
:: Oral for 1 year

# Groups to convince: industry

- Industry partners
  - Zoledronic acid      Novartis
  - Docetaxel      Sanofi-Aventis
  - Celecoxib      Pfizer
  - (Hormones therapy)      (as standard care)
- Free/discounted drug plus educational grant
- All keen on design because...
  - Efficient design
  - Early “get-out” if agent not so beneficial

# Groups to convince: industry

- Engage companies with appropriate agents
  - Obtained three from priority list of agents
  - Some other companies not cooperative
  - Could have taken others but less scientifically interesting
- More companies = more negotiations
  - = More contracts = more time = more delays...?
  - But not unique to this design
  - Also true for many two arm trials

# Groups to convince: clinicians

- Medical community
  - Patient group mostly seen by urological surgeons
  - Oncologists need to give some trial treatments
  - Help to work on relationships and streamlining
- Would it appear complex?
  - Discussions with peers in MDT meetings
  - Discussions with patients in clinics
  - Needed broad buy-in from across UK

# Groups to convince: clinicians

- Previous multi-arm trials
  - Excellent recruitment to:
  - FOCUS – colorectal cancer – 5 arms
  - ICON5 – ovarian cancer – 5 arms
- Amendments
  - Tried to keep trial as simple as possible
  - Further simplifications to follow-up data
- Oncologist and urologists supportive

# Groups to convince: clinicians

- Survey of sites – summer 2010 (n=29/90)
  - Site recruitment: **19%** better than expected  
**65%** as expected  
**12%** less than expected
  - Ease of accrual: **17%** easier than other trials  
**54%** same as other trials  
**28%** more difficult
  - Trial workload: **21%** less than other trials  
**58%** same as other trials  
**21%** more than other trials

# Groups to convince: patients

- Involved patient groups throughout
  - **Design:** One patient involved from initial design meeting
  - **Conduct:** Two patients on Trial Management Group
- Patients asked:
  - “Why wouldn’t you do this type of trial?”
- TMG has very positive opinions
  - Identified through NCRI Prostate CSG
  - Patient involvement good for trial

# Groups to convince: patients

- Two-part PIS
  - Developed prior to current NRES guidance
- 1. General information sheet
  - Given prior to randomisation
- 2. Arm-specific information sheets
  - All given prior to randomisation OR
  - Allocation-relevant sheet given afterwards
  - Information need driven by patient choice

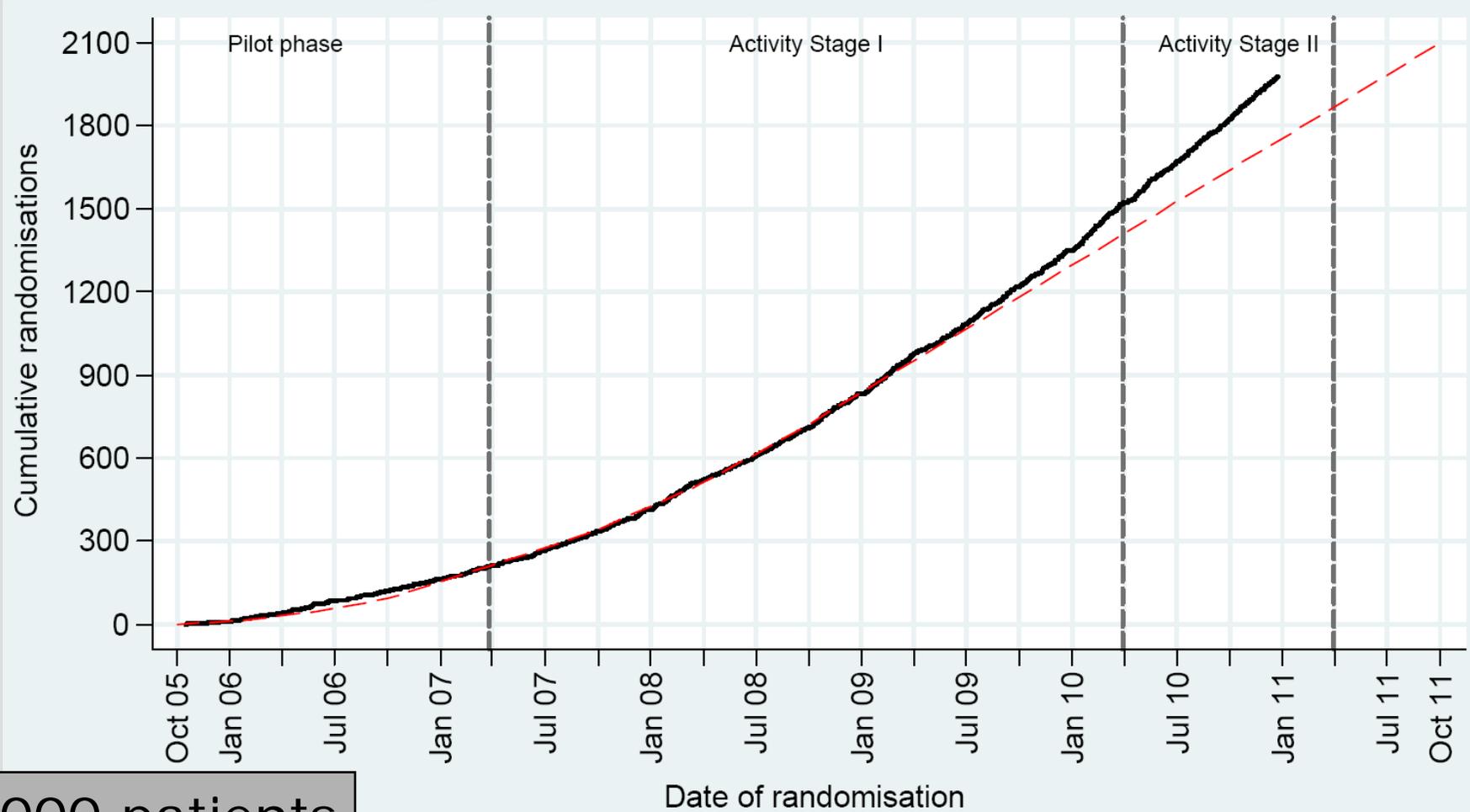
# Groups to convince: funders

- Funding bodies
  - Cancer Research UK
  - (And industry partners)
- Potential for conservative reviews
  - No prior precedent for such approaches
- Approved
  - After much discussion

# Groups to convince: others

- Regulatory approval
  - MHRA
- Ethics committees
  - 2-part PIS
- Hospital governance committees
  - Many!
- Approved
  - UK and Switzerland

# Current accrual



> 2000 patients  
90 hospitals

— Observed    - - - - Expected

# Trial Design Stages

Stage	Outcome Measures	
	Primary	Secondary
Pilot	<b>Safety</b>	Feasibility
Activity I-III (phase II)	<b>Failure-free survival</b> (PSA-driven)	Overall survival Toxicity (safety) Skeletal-related events
Efficacy IV (phase III)	<b>Overall survival</b>	Failure-free survival Toxicity (safety) Skeletal-related events Quality of life

**Target:** Improvement OS at 4-yr 50% - 60% (HR = 0.75)

# Trial plans

Stage	Type	1 <sup>o</sup> OM	1-s sig	Power	HR <sub>A</sub>	Critical HR	Events (Arm A)
I	Activity	FFS	0.50	95%	0.75	<b>1.00</b>	114
II	Activity	FFS	0.25	95%	0.75	<b>0.92</b>	215
III	Activity	FFS	0.10	95%	0.75	<b>0.89</b>	334
IV	Efficacy	OS	0.025	90%	0.75	-	400

- Target sample size depends on:
  - Traditional factors eg recruitment and event rates
  - MAMS factors eg arms, power, alpha at *each* stage

## 3. Issues in analysis

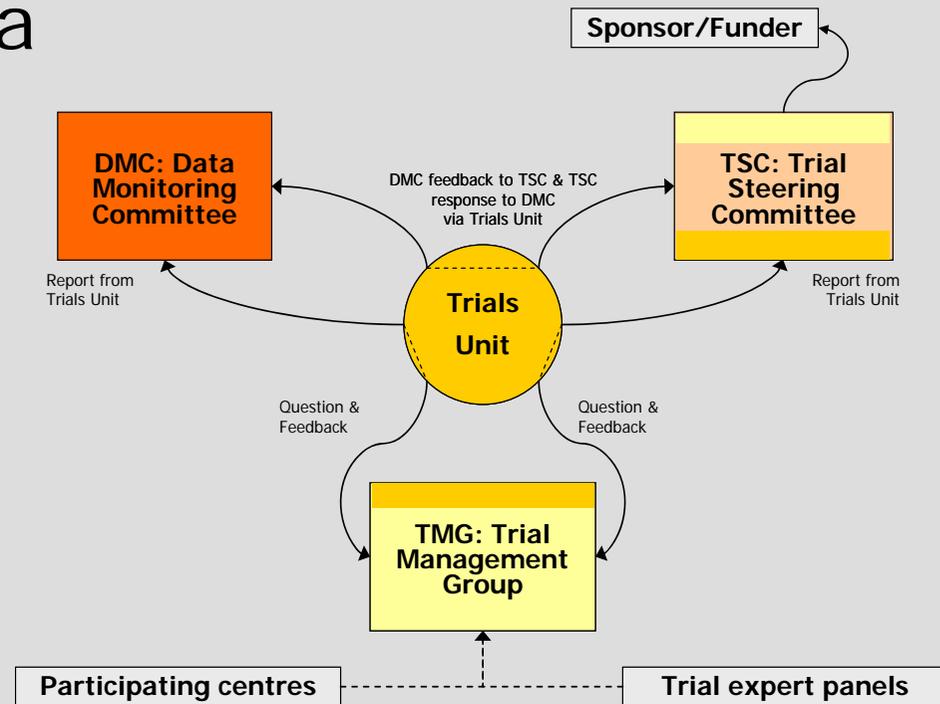
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# Comparisons

- Pairwise comparisons
  - Each research arm separately against control
- Research arms directly compared only if
  - Both are better than control
  - Accept limited power for comparison

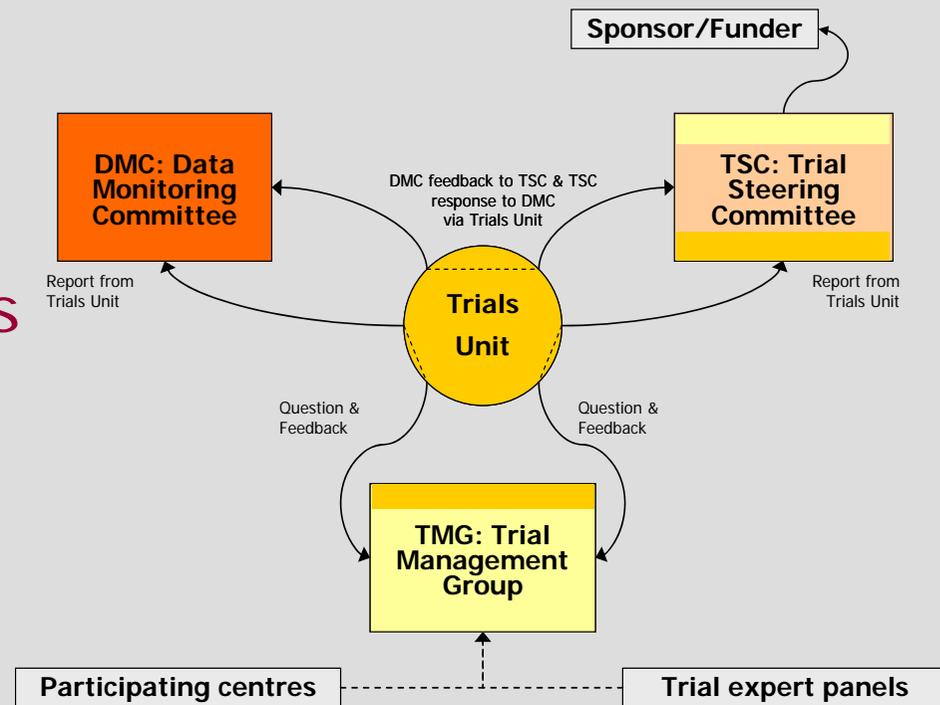
# Moving through stages

- IDMC review accumulating data
  - Make recommendations to TSC and TMG
- Assess totality of data
  - Activity
    - Guided by critical HR
    - Increasingly stringent
  - Safety
  - External data



# Moving through stages

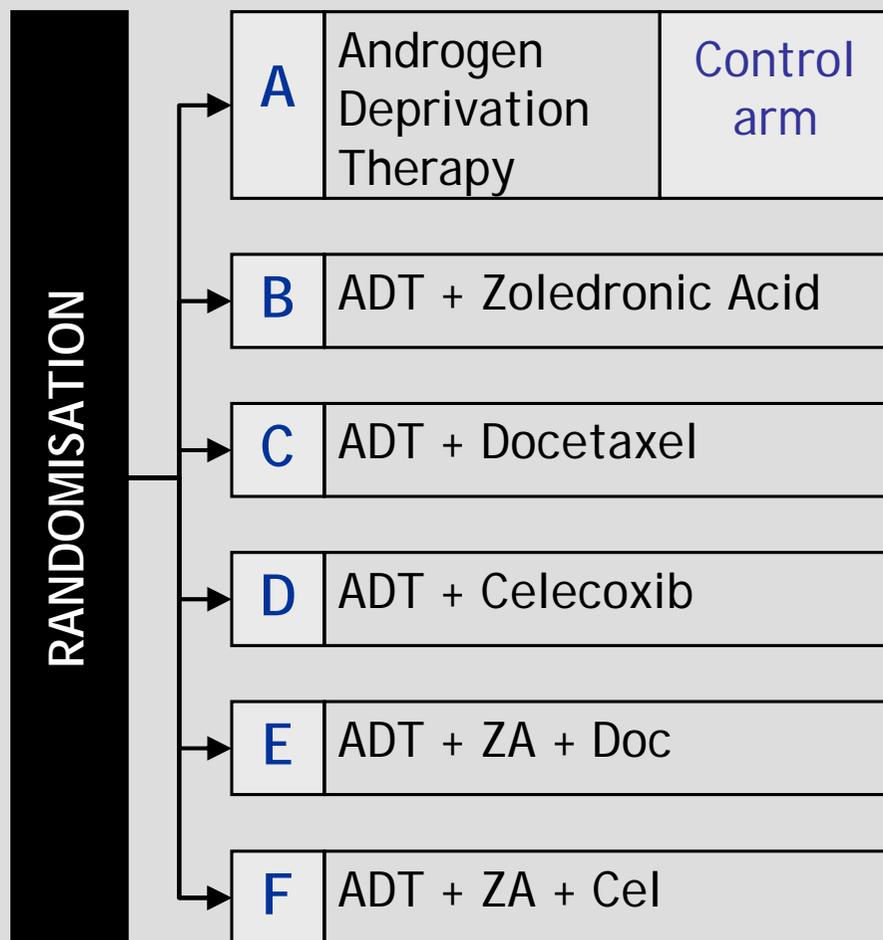
- IDMC review interim data
  - Make recommendations to TSC and TMG
- Education & training
  - For all committees
  - Trust in relationships
  - Hypothetical examples



# Possible recommendations

- May stop recruitment to arms
  - None, some or all
- May also stop treatment on these arms
  - Depends on data presented
- Follow-up will always continue

# Trial design



- Drugs appear in multiple arms
  - ZA in 3 arms
  - Doc in 2 arms
  - Cel in 2 arms

# Dropping arms or agents

- If combination arm stopped for lack of sufficient effect
  - Should “single” agent arm stop too?
- If single agent arm stopped for lack of sufficient effect
  - Should combination arm stop too?
- Training and discussion
  - Totality of evidence
  - Treat as if external data from another trial

# Intermediate analyses

- Activity Stage I analysis
  - March 2010
  - 1469 patients overall
  - 129 FFS events on control arm
- Outcome
  - IDMC recommended **all** arms continue accrual
  - TSC agreed to recommendation

# When arms continue...

- Intermediate assessments require only modest evidence to continue accrual
  - Primarily consider activity rather than efficacy
  - Emphasized to investigators
- Intermediate results reinforce need to continue randomisation
  - Gain stronger evidence!
  - Researchers not taken out of equipoise by implicit intermediate information

# If arms stop...

- Recruitment continues seamlessly
- Randomisation to “stopping arms” turned off
  - Sites notified immediately
  - Sites tell new pts which parts of PIS irrelevant
- Processes agreed by MHRA and REC
  - Fundamental part of trial design
  - Will be notified by amendment
- Tailored information to patients if trt stopped
- PIS, CF and protocol revised asap
  - Quickly but not immediately

# Intermediate analyses

- Activity Stage I
  - March 2010
  
- Activity Stage II
  - March 2011
  - >2000 patients
  - ~220 FFS events on control arm
  - Bar raised for activity (critical HR)

# Flexibility and extension

- “Dropping” arms?
  - Adding arms?!
- Design adapts to include further agents
  - Add new research arms during trial
- New agents subjected to same hurdles
  - Apply same design parameters to new arms
  - New arm matures after original research arms
- Only compare to contemporaneous controls

# Flexibility and extension

	to 2011	2011 to 2012-3	2012-3 to 2015	2016 to 2017
<b>RANDOMISATION</b>	A   ADT	A   ADT	A   ADT	(follow-up & analysis)
	B   ADT+ZA	B   ADT+ZA	(follow-up & analysis)	
	C   ADT+Doc	C   ADT+Doc	(follow-up & analysis)	
	D   ADT+Cel	D   ADT+Cel	(follow-up & analysis)	
	E   ADT+ZA+Doc	E   ADT+ZA+Doc	(follow-up & analysis)	
	F   ADT+ZA+Cel	F   ADT+ZA+Cel	(follow-up & analysis)	
	(not started)	G   ADT+New	G   ADT+New	(follow-up & analysis)

# Flexibility and extension

- Can start recruiting quickly
  - Protocol amendment = simple
  - Scientific review = as amendment
  - Drug & funding = discussions
- Discussions ongoing to do this
  - Advanced discussions with one company
  - Discussions starting with others
  - Scientific review for first new drug = completed
- New agents must be selected for right reasons!

## 4. Conclusions

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# Key points – 1

- Many diseases have many potential new treatments
- Most likely to prove no more effective than control
- MAMS trials speed evaluation of new treatments by testing many treatments at the same time and using lack-of-benefit analyses

# Key points – 2

- MAMS trials can be implemented successfully
- Engagement from all communities required
  - Clinicians, patients, funders, industry, others
- Flexible design may allow further savings of time and effort in the future

# References - STAMPEDE



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# Software

- Free software available
  - Design MAMS trials
  - Available from MRC CTU
  - Implemented in Stata

# Contact



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